



ORPP CANADA

Comprehensive Assessment and Treatment Program

4 Day 28 Hour Training Course

IAOM Certification Track Course

*Functional, practical and effective education
by clinicians for clinicians to link research with practice.*



Live Class Via Zoom

March 30, 31, April 1 and 2nd, 2022

December 7, 8, 9 and 10th, 2022

Course Fee

Early Bird Rate: \$2100CAN

Regular Rate: \$2500 CAN

Payment accepted by EMT or Cheque



**Register Today
&**

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- ✓ **Experienced Instructors**
Certified Orofacial Myologists
Registered Speech Language Pathologists
Private practice clinic owners
 - Both with almost 20 years of clinical practice in orofacial myology.

- ✓ **Practical Hands on Learning**
Well organized, thorough and practical learning for the busy clinician using:
 - case studies
 - videos
 - clinical discussions.

- ✓ **Ready to Use Materials**
Personalized and downloadable (with your clinic contact details) ready to use materials:
 - homework sheets
 - assessment form
 - assessment summary
 - treatment exercise sheets
 - referral source updates

This 4-day dynamic and hands-on course includes theory, demonstration, case studies and hands-on practice. The goal of this 4-day course is to provide attendees with a comprehensive understanding of what OMDs are as well as the knowledge, skill and confidence to appropriately identify, diagnose and successfully treat them. Attendees will leave this course with the knowledge and tools required to put their new skills immediately into action in current practice and/or as a foundation to develop a successful and effective private practice.

Attendees will work through and receive the personalized ORPP framework and resources.

Target Audience: Speech language pathologists, orthodontists, dentists and registered dental hygienists.



**ASHA CE
APPROVED PROVIDER**

Introductory Level
2.8 ASHA CEUs

ASHA CE Provider approval and use of the Brand Block does not imply endorsement of course content, specific products or clinical procedures.

International Association of
Orofacial Myology



This course is approved by the IAOM Education Committee for IAOM CEs to be applied to certified member maintenance requirements.

The IAOM Certification Track Courses follow rigorous content guidelines as approved by the organization. By approving Certification Track courses, the therapeutic techniques and personal opinions expressed by IAOM approved instructors, does not imply endorsement of any specific exercises or techniques. The IAOM is not responsible for any arrangements, any liabilities, or any financial obligations of such IAOM approved training courses.



PACE
ACADEMY of
GENERAL DENTISTRY
PROGRAM APPROVAL
FOR CONTINUING
EDUCATION

International Association of Orofacial Myology
Nationally Approved PACE Program
Provider for FAGD/MAGD credit.
Approval does not imply acceptance by
any regulatory authority or AGD endorsement.
6/1/2019 to 5/31/2022
Provider ID# 218851

www.orppcanada.com



ORPP CANADA

Comprehensive Assessment and Treatment Program

4 Day 28 Hour Training Course

IAOM Certification Track Course

Instructional Methodologies: This course will be a live online format via Zoom.

Learning will be via lecture, videos, case studies and hands on learning.

Learning Outcomes:

- Summarize the history of the International Association of Orofacial Myology including, scope of practice, IAOM certification procedures, benefits of memberships, the IAOM's non profit status and the need for volunteerism.
- Identify the anatomy and physiology related to orofacial myology.
- Recognize proper and improper oral resting postures of the lips, tongue and jaw.
- Select appropriate individualized treatment exercises for patients with an orofacial myofunctional disorders.
- Explain the link between oral rest posture to speech sound production and swallow patterns observed.
- Identify etiologies that might interrupt proper orofacial development.
- Identify noxious habits/digit-sucking.
- Recognize steps to an effective habit elimination program.
- Identify medical issues as they relate to OMD evaluation and treatment (airway obstruction, recognizing symptoms associated with disorders of sleep disordered breathing, decreased oral airway and other associated breathing difficulties syndromes, etc)
- Discuss the functional implications of lingual and labial oral restrictions on oral rest posture.
- Recognize airway concerns and dysfunctional breathing patterns that may impact oral structures and the resulting dysfunctional patterns.
- Identify dental/orthodontic fundamentals including occlusion, malocclusion, orthodontic appliances, dentofacial differences and palatal expansion devices.
- Active participation in case study learning including: history taking, evaluation, measurements, report writing, treatment planning and treatment cueing.
- Explain the ORPP Treatment Framework and individualize treatment from conception through retention with specific focus on habituation and timing of discharge.
- Summarize the ORPP Framework for behavioural therapy including the principles of motor learning, neuroplasticity and scaffolding cueing for success.
- Illustrate the importance of community collaboration - understanding when and why to refer.
- Define asepsis for the orofacial myologist.
- Identify ORPP Business Basics including practice management: forms, scheduling, treatment planning, documentation and marketing ideas.

About the Instructors

Nicole Dickson, MSLP, R.SLP, S-LP(C), COM® has been a Registered Speech Language Pathologist since 2003 and qualified as a Certified Orofacial Myologist in 2016. She owns and operates a successful private practice focusing on speech, language and social communication as well as orofacial myofunctional disorders in pediatrics and adults. Nicole has taken extensive training in tethered oral tissues and airway and collaborates with local professionals in order to provide a comprehensive team approach to care for her clients.

Financial Disclosures:

- Nicole is the owner and therapist at Communication is Great! INC.
- Nicole is also a presenter for ORPP Canada and receives content creator and presenter fees.

Non Financial Disclosures:

- Alberta College of Speech-Language Pathologists (ACSLPA)- Member
- Speech-Language and Audiology Canada (SAC)- Member
- International Association of Orofacial Myology (IAOM) - Certified Orofacial Myologist and Active Member

Karrie Page, MSLP, R.SLP, S-LP(C), COM®, IBCLC has been a Registered Speech Language Pathologist since 2002 and became a Certified Orofacial Myologist in 2016 and qualified as an International Board Certified Lactation Consultant in 2021. Karrie owns and operates a successful private practice focusing on orofacial myofunctional disorders and infant feeding and lactation. Karrie also works part time for Alberta Health Services as the Stroke Outpatient Rehabilitation Team speech pathologist.

Financial Disclosures:

- Karrie is the owner and therapist at Tip of the Tongue Orofacial Myology and Lactation Services.
- Karrie is a presenter for ORPP Canada and receives content creator and instructor fees.
- Karrie is employed part time by Alberta Health Services as a speech-language pathologist

Non Financial Disclosures:

- Central Alberta Women's Health Alliance - Executive member
- Alberta College of Speech-Language Pathologists (ACSLPA)- Member
- Speech-Language and Audiology Canada (SAC)- Member
- International Association of Orofacial Myology (IAOM) - Certified Orofacial Myologist and Active Member



ORPP CANADA

Comprehensive Assessment and Treatment Program

4 Day 28 Hour Training Course

IAOM Certification Track Course

FAQ, Disclosures and Fees

What makes the ORPP course unique?

The Orofacial Rest Posture Program is a dynamic program developed by two currently practicing therapists for therapists. The program developed from clinical need and the desire for something functional, effective and efficient. The ORPP program was taught originally in 2008 and since then has been updated and modified to reflect current research and clinical practice. ORPP is Canadian and was the first comprehensive training program provided in Canada by 2 SLPs with a special interest in OMDs. Upon completion of an ORPP course, graduates will receive access to personalized ORPP documentation to use in their practice the very next day!

Is there a fee to access ORPP materials?

No! Once you are ORPP trained you have ongoing access to PERSONALIZED printable ORPP materials through the clinician login.

Who can train with ORPP Canada?

Therapists from all over the world can attend an ORPP Canada live virtual course. Please note that all course offerings are offered in Mountain Standard Time (MST). Should you wish to host a private course during your local time zone, please contact ORPP Canada to discuss this directly. Eligible Attendees include Speech Pathologists, Registered Dental Hygienists, Dentists, Orthodontists and Physicians.

What currency are ORPP course fees processed in and what payment types are accepted?

All course fees are listed in Canadian funds and will be processed in Canadian funds. Fees are accepted via electronic money transfer (EMT) or by cheque. Please note registration is not finalized until the payment for the course has been processed (this includes time the financial institution requires to clear any cheque payments).

What is the ORPP Cancellation Policy?

Registration for the ORPP course is not complete until the instructors receive the demographic registration information, payment and licensure equivalent for the potential attendee. Course registration is limited to ensure a small attendee to instructor ratio. Should you need to amend your registration we will work with you the best we can but please note the following. Requests for refund must be made in writing to orppcanada@gmail.com and received by ORPP Canada no less than 6 weeks before the date and time of the live course. Any cancellation will result in return of registration fee minus \$500 which covers the cost of course materials and administration fees. Cancellation requests made between 4-6 weeks before the start date of the course will not be eligible for a refund but may be eligible for: 1.Registration transfer to a different therapist of the attendees discretion OR 2.Change of date/time of the same course within the calendar year. Cancellation requests made less than 4 weeks before the start of the course date/time may not receive a refund nor a course transfer. When you register for a course it is understood that you agree to these terms.

Does ORPP Provide a Special Needs Accommodation?

Registrants with special needs are encouraged to contact the ORPP Registrar directly so that appropriate accommodations can be provided in a timely manner. To make these individual requests, please:

- Contact the ORPP registrar to request your specific accommodations by emailing orppcanada@gmail.com with "Special Needs Accommodation" in Subject line.
- Detail your specific accommodations requested.
- ORPP Canada will respond within 10 days to your request.



ORPP CANADA Comprehensive Assessment and Treatment Program

4 Day 28 Hour Training Course IAOM Certification Track Course

VIRTUAL COURSE TIMED AGENDA- DAY 1

| | | |
|-------|--|---------------|
| 8:15 | SIGN IN | |
| 8:30 | Introductions and Instructor Background | .75 |
| 9:15 | Introduction to the ORPP Framework | .25 |
| 9:30 | A Historical Review of Orofacial Myofunctional Disorders (OMDs) | 1.0 |
| 10:30 | BREAK | |
| 10:45 | Overview of the International Association of Orofacial Myology (IAOM) | .5 |
| 11:15 | Hands on Learning: Terminology, True/False, Clinical Case Studies (Adult and Pediatric) | 1.0 |
| 12:15 | Facts and Fallacies of OMDs | .25 |
| 12:30 | LUNCH | |
| 1:00 | Etiologies and Prevalence of OMDs | 1.0 |
| 2:00 | BREAK | |
| 2:15 | Anatomy and Physiology Related to Orofacial Myology | 1.0 |
| 3:15 | Link Between OMDs and Speech Articulation | .25 |
| 3:30 | Review of Normal Oral Rest Posture and Oral Swallow Patterns Including Typical Developmental Variance | 1.0 |
| 4:30 | SIGN OUT and DISMISSAL | TOTAL 7 HOURS |



ORPP CANADA Comprehensive Assessment and Treatment Program

4 Day 28 Hour Training Course IAOM Certification Track Course

VIRTUAL COURSE TIMED AGENDA- DAY 2

| | | |
|-------|--|---------------|
| 8:15 | SIGN IN | |
| 8:30 | Getting Ready for Evaluation: Clinical Safety, Asepsis | .25 |
| 8:45 | ORPP Evaluation of OMDs (Including Video Analysis Practice) | 2.25 |
| 11:00 | BREAK | |
| 11:15 | ORPP Evaluation of OMDs (Including Video Analysis Practice) Cont'd | 1.0 |
| 12:15 | Analysis and Interpretation of ORPP Evaluation Findings | .75 |
| 1:00 | LUNCH | |
| 1:30 | Hands On Learning: Review of ORPP Evaluation Interpretation, Practice the Lingo and Parent/Patient Education | 1.0 |
| 2:30 | ORPP Decision Making Framework: To Treat or Not to Treat? When, Why and How to Proceed | .5 |
| 3:00 | BREAK | |
| 3:15 | Review of Orthodontic Appliances and Timing of Treatment | .5 |
| 3:45 | ORPP Treatment Framework Overview | .75 |
| 4:30 | SIGN OUT and DISMISSAL | TOTAL 7 HOURS |



ORPP CANADA
Comprehensive Assessment and Treatment Program
4 Day 28 Hour Training Course IAOM Certification Track Course
VIRTUAL COURSE TIMED AGENDA- DAY 3

| | | |
|-------|--|-----------------------------|
| 8:15 | SIGN IN | |
| 8:30 | ORPP Methods for Achieving Sustainable Mastery | 1.25 |
| 9:45 | ORPP Treatment Framework | 1.25 |
| 11:00 | BREAK | |
| 11:15 | ORPP Treatment Framework | 1.75 |
| 1:00 | LUNCH | |
| 1:30 | ORPP Treatment Framework | 1.5 |
| 3:00 | BREAK | |
| 3:15 | ORPP Treatment Framework | 1.25 |
| 4:30 | SIGNOUT AND DISMISSAL | Total Daily Hours 7.0 |



ORPP CANADA
Comprehensive Assessment and Treatment Program
4 Day 28 Hour Training Course IAOM Certification Track Course
VIRTUAL COURSE TIMED AGENDA- DAY 4

| | | |
|-------|--|--------------------------|
| 8:15 | SIGN IN | |
| 8:30 | Setting Up for Success! Treatment Efficacy | 1.0 |
| 9:30 | Therapeutic Strategies within the ORPP Framework | 1.5 |
| 11:00 | BREAK | |
| 11:15 | Habit Elimination | .75 |
| 12:00 | Community Connection and Education: Collaboration with Patients and Referral Sources | 1.0 |
| 1:00 | LUNCH | |
| 1:30 | Hands On Learning (Adult and Pediatric Case Studies) | 1.5 |
| 3:00 | BREAK | |
| 3:15 | Hands on Learning (Adult and Pediatric Case Studies) | .75 |
| 4:00 | Questions and Review | .5 |
| 4:30 | Sign out and Dismissal | Total Daily Hours 7.0 |